

# Restaurant Eldora - Sympany

| Lundi, 30 janvier                                                                                                                                                                                                                                                                                                                     | Mardi, 31 janvier                                                                                                                                                                                                                                            | Mercredi, 01 février                                                                                                                                                                                                                      | Jeudi, 02 février                                                                                                                                                                                         | Vendredi, 03 février                                                                                                                                                                                  |
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| <b>SOUP</b> <br>Marronipüreesuppe<br><i>env. 185.3 kcal</i>                                                                                                                                                                                          | <b>SOUP</b> <br>Hawaiianische Currysuppe<br>mit Zitronengras<br><i>env. 98.7 kcal</i>                                                                                       | <b>SOUP</b> <br>Tomaten-Gemüsebouillon<br>mit Julienne<br><i>env. 29.2 kcal</i>                                                                          | <b>SOUP</b> <br>Geflügelcrèmesuppe<br><i>env. 119.1 kcal / Poulet:<br/>Schweiz</i>                                     | <b>SOUP</b> <br>Fenchelcrèmesuppe<br><i>env. 76.6 kcal</i>                                                         |
| <b>3.50</b>                                                                                                                                                                                                                                                                                                                           | <b>3.50</b>                                                                                                                                                                                                                                                  | <b>3.50</b>                                                                                                                                                                                                                               | <b>3.50</b>                                                                                                                                                                                               | <b>3.50</b>                                                                                                                                                                                           |
| <b>TRADITIONAL</b><br>BIO Hof-Burger vom Ueli-<br>Hof<br>Lattichsalat mit Gurken<br>und Tomaten<br>Country Cuts<br>Cocktailsauce<br><i>env. 907.4 kcal / Rind:<br/>Schweiz</i>                                                                                                                                                        | <b>TRADITIONAL</b> <br>Yakitori<br>Marinierte Pouletspiessli<br>Süss-scharfe Chilisauce<br>Sesamreis<br>Farbiger Krautsalat<br><i>env. 520.6 kcal / Poulet:<br/>Schweiz</i> | <b>TRADITIONAL</b><br>G'hackets und Hörnli<br>BIO Rindsgehacktes<br>Hörnli<br>Apfelmus<br>Reibkäse<br><i>env. 809.7 kcal / Rind:<br/>Schweiz</i>                                                                                          | <b>TRADITIONAL</b><br>Gebratenes<br>Lachsforellenfilet<br>Zitronensauce<br>Safranreis<br>Blattspinat<br><i>env. 713.4 kcal / Forelle:<br/>Italien</i>                                                     | <b>TRADITIONAL</b><br>Paniertes<br>Schweinsschnitzel<br>Tagesgemüse<br>Pommes frites<br><i>env. 775.1 kcal / Schwein:<br/>Schweiz</i>                                                                 |
| <b>INT CHF 9.50 / EXT<br/>CHF 14.50</b>                                                                                                                                                                                                                                                                                               | <b>INT CHF 9.50 / EXT<br/>CHF 14.50</b>                                                                                                                                                                                                                      | <b>INT CHF 9.50 / EXT<br/>CHF 14.50</b>                                                                                                                                                                                                   | <b>INT CHF 9.50 / EXT<br/>CHF 14.50</b>                                                                                                                                                                   | <b>INT CHF 9.50 / EXT<br/>CHF 14.50</b>                                                                                                                                                               |
| <b>GREEN MARKET</b> <br>Crunchy-Red-Mountain-<br>Burger<br>Soja-Weizen-Burger,<br>Guacamole, Soja-Joghurt-<br>Dip, Gurke, Rucola und<br>Nachos<br>Lattichsalat mit Gurken<br>und Tomaten<br>Country Cuts<br>Cocktailsauce<br><i>env. 1360.1 kcal</i> | <b>GREEN MARKET</b> <br>Vegetarisches Gyros aus<br>Soja und Weizen<br>Thymiankartoffeln<br>Pitabrot<br>Veganes Tzatziki<br><i>env. 764.0 kcal</i>                           | <b>GREEN MARKET</b> <br>Bio-Penne mit<br>Kürbisrahmsauce, Ofen-<br>Kürbis, Pilzen,<br>Spinatblätter, Walnüssen<br>und Fetakäse<br><i>env. 830.2 kcal</i> | <b>GREEN MARKET</b> <br>Chäsröschti<br>mit Bergkäse<br>Zwiebelconfit<br>Gebratene Steinpilze<br><i>env. 574.3 kcal</i> | <b>GREEN MARKET</b> <br>Vegane Buffalo<br>Blumenkohl-Wings<br>BBQ-Sauce<br>Pommes frites<br><i>env. 594.0 kcal</i> |
| <b>INT CHF 9.00 / EXT<br/>CHF 14.00</b>                                                                                                                                                                                                                                                                                               | <b>INT CHF 9.00 / EXT<br/>CHF 14.00</b>                                                                                                                                                                                                                      | <b>INT CHF 9.00 / EXT<br/>CHF 14.00</b>                                                                                                                                                                                                   | <b>INT CHF 9.00 / EXT<br/>CHF 14.00</b>                                                                                                                                                                   | <b>INT CHF 9.00 / EXT<br/>CHF 14.00</b>                                                                                                                                                               |
| <b>DESSERT</b> <br>Berliner<br><i>env. 265.1 kcal</i>                                                                                                                                                                                               | <b>DESSERT</b> <br>Apfelchüchle<br>Vanillesauce<br><i>env. 420.9 kcal</i>                                                                                                  | <b>DESSERT</b> <br>Weisses Schoggimousse<br><i>env. 181.2 kcal</i>                                                                                      | <b>DESSERT</b> <br>Milchreis mit Pistazien und<br>Früchten<br><i>env. 185.0 kcal</i>                                  | <b>DESSERT</b> <br>Gebrannte Crème<br><i>env. 218.5 kcal</i>                                                      |
| <b>3.00</b>                                                                                                                                                                                                                                                                                                                           | <b>3.00</b>                                                                                                                                                                                                                                                  | <b>3.00</b>                                                                                                                                                                                                                               | <b>3.00</b>                                                                                                                                                                                               | <b>3.00</b>                                                                                                                                                                                           |

Alle Preise in CHF, MwSt inkl.

**Öffnungszeiten:** Montag - Freitag: 08.30 bis 13.30 Uhr, Mittagsservice: 11.30 Uhr bis 13.15 Uhr

Icons: Vegetarisch (1 Blatt), Vegan (2 Blätter), Laktosefrei, Glutenfrei