

# Staff restaurant Eldora - Sympany

| Monday, 05. May                                                                                       | Tuesday, 06. May                                                                                                                                             | Wednesday, 07. May                                                                                    | Thursday, 08. May                                                                                       | Friday, 09. May                                                                |
|-------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| <b>SOUP</b><br>Soup of the day                                                                        | <b>SOUP</b><br>Soup of the day                                                                                                                               | <b>SOUP</b><br>Soup of the day                                                                        | <b>SOUP</b><br>Soup of the day                                                                          | <b>SOUP</b><br>Soup of the day                                                 |
| 3.50                                                                                                  | 3.50                                                                                                                                                         | 3.50                                                                                                  | 3.50                                                                                                    | 3.50                                                                           |
| <b>TRADITIONAL</b>   | <b>TRADITIONAL</b>                                                                                                                                           | <b>TRADITIONAL</b>                                                                                    | <b>TRADITIONAL</b>                                                                                      | <b>TRADITIONAL</b>                                                             |
| Steamed cod fillet<br>Lemon sauce<br>Boiled potatoes<br>Snow peas with vegetable strips               | Dürüm Döner kebab<br>Flatbread filled with chicken, iceberg lettuce, tomatoes and onions<br>with cocktail sauce or yoghurt sauce<br>Turkish shepherd's salad | Viennese breaded pork schnitzel<br>Potato salad<br>Cranberries and lemon                              | Spaghetti Bolognese<br>Minced beef sauce<br>Grated cheese                                               | Pizza Week<br>Choice of freshly baked pizzas<br>Margherita, Salami or Al Tonno |
| <i>approx 435.2 cal. / Cod: Northeast Atlantic</i>                                                    | <i>approx 954.9 cal. / Chicken: Switzerland</i>                                                                                                              | <i>approx 882.6 cal. / Pork: Switzerland</i>                                                          | <i>approx 695.3 cal. / Beef: Switzerland</i>                                                            | <i>approx 1052.9 cal. / Salami (pork, beef): Switzerland, Tuna: Thailand</i>   |
| INT CHF 11.50 / EXT CHF 16.50                                                                         | INT CHF 11.50 / EXT CHF 16.50                                                                                                                                | INT CHF 11.50 / EXT CHF 16.50                                                                         | INT CHF 11.50 / EXT CHF 16.50                                                                           | INT CHF 11.50 / EXT CHF 16.50                                                  |
| <b>GREEN MARKET</b>  | <b>GREEN MARKET</b>                                                         | <b>GREEN MARKET</b>  | <b>GREEN MARKET</b>  | <b>GREEN MARKET</b>                                                            |
| Allgäu cheese spätzli with fried onions<br>Green salad<br>Apple sauce                                 | Spring rolls with vegetables<br>Mango salsa<br>Fried rice<br>Cucumber salad                                                                                  | Gnocchi al forno with tomato and vegetable sauce, mascarpone, mozzarella and grated cheese            | Tortilla with asparagus and watercress<br>Cottage cheese with chives<br>Sweet potatoes                  | Pizza Week<br>Choice of freshly baked pizzas<br>Margherita, Salami or Al Tonno |
| <i>approx 866.8 cal.</i>                                                                              | <i>approx 692.2 cal.</i>                                                                                                                                     | <i>approx 818.5 cal.</i>                                                                              | <i>approx 443.6 cal.</i>                                                                                | <i>approx 1052.9 cal. / Salami (pork, beef): Switzerland, Tuna: Thailand</i>   |
| INT CHF 11.00 / EXT CHF 16.00                                                                         | INT CHF 11.00 / EXT CHF 16.00                                                                                                                                | INT CHF 11.00 / EXT CHF 16.00                                                                         | INT CHF 11.00 / EXT CHF 16.00                                                                           | INT CHF 11.00 / EXT CHF 16.00                                                  |
| <b>AROUND THE WORLD</b>                                                                               | <b>AROUND THE WORLD</b>                                                                                                                                      | <b>AROUND THE WORLD</b>                                                                               | <b>AROUND THE WORLD</b>                                                                                 | <b>AROUND THE WORLD</b>                                                        |
| The Hot Buffet will be closed today.                                                                  | Daily changing offer                                                                                                                                         | Daily changing offer                                                                                  | Daily changing offer                                                                                    | The Hot Buffet will be closed today.                                           |
| pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40                                                            | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40                                                                                                                   | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40                                                            | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40                                                              | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40                                     |
| <b>GARDEN CHOICE</b>                                                                                  | <b>GARDEN CHOICE</b>                                                                                                                                         | <b>GARDEN CHOICE</b>                                                                                  | <b>GARDEN CHOICE</b>                                                                                    | <b>GARDEN CHOICE</b>                                                           |
| Daily fresh raw vegetable and green salads with various toppings and dressings                        | Daily fresh raw vegetable and green salads with various toppings and dressings                                                                               | Daily fresh raw vegetable and green salads with various toppings and dressings                        | Daily fresh raw vegetable and green salads with various toppings and dressings                          | Daily fresh raw vegetable and green salads with various toppings and dressings |
| pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40                                                            | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40                                                                                                                   | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40                                                            | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40                                                              | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40                                     |
| <b>DESSERT</b>     | <b>DESSERT</b>                                                            | <b>DESSERT</b>     | <b>DESSERT</b>                                                                                          | <b>DESSERT</b>                                                                 |
| Lemon cake                                                                                            | Strawberry tiramisu                                                                                                                                          | Mille-feuille                                                                                         | Caramelised apple slices                                                                                | Dessert of the day                                                             |
| <i>approx 263.2 cal. / Cake: Switzerland</i>                                                          | <i>approx 214.6 cal.</i>                                                                                                                                     | <i>approx 146.6 cal. / Mille-feuille: Switzerland</i>                                                 | <i>approx 38.8 cal.</i>                                                                                 |                                                                                |
| 3.00                                                                                                  | 3.00                                                                                                                                                         | 3.00                                                                                                  | 3.00                                                                                                    | 3.00                                                                           |

Alle Preise in CHF, MwSt inkl.

**Öffnungszeiten:** Montag - Freitag: 08.30 bis 13.30 Uhr, Mittagsservice: 11.30 Uhr bis 13.15 Uhr

Icons: Vegetarisch (1 Blatt), Vegan (2 Blätter), Laktosefrei, Glutenfrei