Staff restaurant Eldora - Sympany

| Monday, 06. May | Tuesday, 07. May | Wednesday, 08. May | Thursday, 09. May | Friday, 10. May |
|--|---|---|--|--|
| SOUP | SOUP 📢 🏂 | SOUP 📢 🏂 | SOUP 🏄 🏂 | SOUP |
| Soup of the day | Asparagus cream soup | Peanut soup with chili | Due to a public Holiday the | Soup of the day |
| | approx 78.1 cal. | approx 396.8 cal. | restaurant will be closed today. | |
| 3.50 | 3.50 | 3.50 | 3.50 | 3.50 |
| | Traditional Bio day | TRADITIONAL 🔿 🤾 | TRADITIONAL | TRADITIONAL |
| Turkey escalope in cornflakes oreading Cranberry and peach Rice with peas | Organic Brätschnitzel (beef sausage meat) Mustard sauce Organic oven-baked potatoes Organic creamed spinach | Chicken Malabar Chicken thigh ragout with Malabar curry sauce Cauliflower rice Kachumber salad Yoghurt, coriander and | Due to a public Holiday the restaurant will be closed today. | Tagliatelle al salmone with fresh salmon, white wine cream sauce, dill and peas |
| approx 729.1 cal. / Turkey: France | approx 1239.8 cal. / Escalope (Beef): Switzerland | peperoncini <i>approx 581.3 cal. / Chicken:</i> <i>Switzerland</i> | | approx 763.7 cal. / Salmon: Norway |
| INT CHF 11.50 / EXT CHF 16.50 | INT CHF 11.50 / EXT CHF 16.50 | INT CHF 11.50 / EXT CHF 16.50 | INT CHF 11.50 / EXT CHF 16.50 | INT CHF 11.50 / EXT CH 16.50 |
| GREEN MARKET | GREEN MARKET | GREEN MARKET | GREEN MARKET 🛛 🎉 💆 | GREEN MARKET 🛛 📢 🎾 |
| Gnocchi al forno with tomato and vegetable sauce, mascarpone, mozzarella and grated cheese Rocket salad approx 882.4 cal. | Asparagus ragout from Flaach ZH in puff pastry Black rice Green seasonal vegetables <i>approx 617.4 cal.</i> | Healthy Vitamin Bowl Red lentils, cauliflower pickles, carrots, yellow beetroot, microgreens, goji berries, black quinoa and silken tofu sauce approx 554.0 cal. | Due to a public Holiday the restaurant will be closed today. | Vegetable gyoza Rice vinegar dip Glass noodle salad with mushroodle, salad with mushrooms, vegetables, peanuts and herbs approx 775.4 cal. |
| INT CHF 11.00 / EXT CHF 16.00 | INT CHF 11.00 / EXT CHF 16.00 | INT CHF 11.00 / EXT CHF 16.00 | INT CHF 11.00 / EXT CHF 16.00 | INT CHF 11.00 / EXT CH 16.00 |
| AROUND THE WORLD | AROUND THE WORLD | AROUND THE WORLD | AROUND THE WORLD | AROUND THE WORLD |
| The hot buffet will be closed coday. | Daily changing offer | Daily changing offer | Due to a public Holiday the restaurant will be closed today. | The hot buffet will be closed today. |
| oro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40 | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40 | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40 | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40 | pro 100 Gramm: INT CH 2.50 / EXT CHF 3.40 |
| GARDEN CHOICE | GARDEN CHOICE | GARDEN CHOICE | GARDEN CHOICE 🛛 🎉 🏂 | GARDEN CHOICE |
| Daily fresh raw vegetable and green salads with various oppings and dressings | Daily fresh raw vegetable and green salads with various toppings and dressings | Daily fresh raw vegetable and green salads with various toppings and dressings | Due to a public Holiday the restaurant will be closed today. | Daily fresh raw vegetable and green salads with various toppings and dressings |
| pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40 | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40 | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40 | pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40 | pro 100 Gramm: INT CH 2.50 / EXT CHF 3.40 |
| DESSERT 📢 🎉 | DESSERT 📢 🎉 | DESSERT 📢 🎉 | DESSERT 🍂 🏂 | DESSERT |
| trawberry mousse with cream | Rhubarb and vanilla trifle | Peanut butter cream with bananas and chocolate | Due to a public Holiday the restaurant will be closed today. | Dessert of the day |
| approx 147.2 cal. | approx 147.6 cal. | approx 382.6 cal. | restaurant win be closed toddy. | |
| 3.00 | 3.00 | 3.00 | 3.00 | 3.00 |

Alle Preise in CHF, MwSt inkl. **Öffnungszeiten**: Montag - Freitag: 08.30 bis 13.30 Uhr, Mittagsservice: 11.30 Uhr bis 13.15 Uhr Icons: Vegetarisch (1 Blatt), Vegan (2 Blätter), Laktosefrei, Glutenfrei