








# Staff restaurant Eldora - Sympany

Monday, 05. August	Tuesday, 06. August	Wednesday, 07. August	Thursday, 08. August	Friday, 09. August
<b>SOUP</b> Soup of the day	<b>SOUP</b> Soup of the day	<b>SOUP</b> Soup of the day	<b>SOUP</b> Soup of the day	<b>SOUP</b> Soup of the day
<b>3.50</b>	<b>3.50</b>	<b>3.50</b>	<b>3.50</b>	<b>3.50</b>
<b>TRADITIONAL</b>  BBQ, outside if the weather is fine	<b>TRADITIONAL</b>  Fried gilthead fillet Sauce Vierge Black rice Ratatouille and herb salad  <i>approx 642.1 cal. / Gilthead: Turkey</i>	<b>TRADITIONAL</b> Tortellini with beef filling Tomato basil sauce Grated cheese Broccoli with almonds Glazed two-coloured carrots  <i>approx 876.1 cal. / Beef: Switzerland</i>	<b>TRADITIONAL</b> Coq au vin Braised chicken thigh with red wine, vegetables, silver onions and croutons Tagliatelle  <i>approx 852.7 cal. / Chicken: Switzerland</i>	<b>TRADITIONAL</b>   Roasted chicken breast Herb butter Raw vegetable salad with carrots, cucumber, tomatoes, cabbage, corn, chives and melon Garlic baguette <i>approx 941.6 cal. / Chicken: Switzerland</i>
<b>INT CHF 11.50 / EXT CHF 16.50</b>	<b>INT CHF 11.50 / EXT CHF 16.50</b>	<b>INT CHF 11.50 / EXT CHF 16.50</b>	<b>INT CHF 11.50 / EXT CHF 16.50</b>	<b>INT CHF 11.50 / EXT CHF 16.50</b>
<b>GREEN MARKET</b>  BBQ, outside if the weather is fine	<b>GREEN MARKET</b>  Spelt risotto Indian oven vegetable curry with chickpeas Peanut sauce  <i>approx 1058.5 cal.</i>	<b>GREEN MARKET</b>  Vegetarian Hachi Parmentier Field bean and vegetable casserole with mashed potatoes and cheese au gratin Tomato and bell peppers salad  <i>approx 464.9 cal.</i>	<b>GREEN MARKET</b>   Thai green curry with pea protein Jasmine rice Wok vegetables  <i>approx 676.1 cal.</i>	<b>GREEN MARKET</b>  Fitness plate Falafel Garlic baguette  <i>approx 786.4 cal.</i>
<b>INT CHF 11.00 / EXT CHF 16.00</b>	<b>INT CHF 11.00 / EXT CHF 16.00</b>	<b>INT CHF 11.00 / EXT CHF 16.00</b>	<b>INT CHF 11.00 / EXT CHF 16.00</b>	<b>INT CHF 11.00 / EXT CHF 16.00</b>
<b>AROUND THE WORLD</b> The hot buffet will be closed today.	<b>AROUND THE WORLD</b> Daily changing offer	<b>AROUND THE WORLD</b> Daily changing offer	<b>AROUND THE WORLD</b> Daily changing offer	<b>AROUND THE WORLD</b> The hot buffet will be closed today.
<b>pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40</b>	<b>pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40</b>	<b>pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40</b>	<b>pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40</b>	<b>pro 100 Gramm: INT CHF 2.50 / EXT CHF 3.40</b>
<b>GARDEN CHOICE</b> Daily fresh raw vegetable and green salads with various toppings and dressings	<b>GARDEN CHOICE</b> Daily fresh raw vegetable and green salads with various toppings and dressings	<b>GARDEN CHOICE</b> Daily fresh raw vegetable and green salads with various toppings and dressings	<b>GARDEN CHOICE</b> Daily fresh raw vegetable and green salads with various toppings and dressings	<b>GARDEN CHOICE</b> Daily fresh raw vegetable and green salads with various toppings and dressings
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<b>DESSERT</b> Dessert variation Choice of various desserts	<b>DESSERT</b>   Apricot and pistachio tart  <i>approx 366.5 cal.</i>	<b>DESSERT</b>  Île flottante Vanilla cream with whipped egg whites, caramel sauce and almonds  <i>approx 229.2 cal.</i>	<b>DESSERT</b>  Clafoutis with cherries  <i>approx 240.2 cal.</i>	<b>DESSERT</b> Dessert of the day
<b>3.00</b>	<b>3.00</b>	<b>3.00</b>	<b>3.00</b>	<b>3.00</b>

Alle Preise in CHF, MwSt inkl.

**Öffnungszeiten:** Montag - Freitag: 08.30 bis 13.30 Uhr, Mittagsservice: 11.30 Uhr bis 13.15 Uhr

Icons: Vegetarisch (1 Blatt), Vegan (2 Blätter), Laktosefrei, Glutenfrei