

# Staff restaurant Eldora - Sympany

| Monday, 27. February                                                                            | Tuesday, 28. February                                                                                                                                                                                                                  | Wednesday, 01. March                                                                            | Thursday, 02. March                                                                                                                                                                                                                                           | Friday, 03. March                                                                                                                                                                                                                                                                                                     |
|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                 | <b>SOUP</b> <br>Basel flour soup<br><i>approx 134.1 cal.</i>                                                                                          |                                                                                                 | <b>SOUP</b>  <br>Hungarian goulash soup<br><i>approx 126.1 cal. / Beef: Switzerland</i> | <b>SOUP</b>  <br>Swedish pea cream soup<br><i>approx 306.9 cal.</i>                                                                             |
|                                                                                                 | <b>3.50</b>                                                                                                                                                                                                                            |                                                                                                 | <b>3.50</b>                                                                                                                                                                                                                                                   | <b>3.50</b>                                                                                                                                                                                                                                                                                                           |
| <b>TRADITIONAL</b><br><br>Today the restaurant is closed due to carnival day and school holiday | <b>TRADITIONAL</b> <br><br>Onion tart<br><br><i>approx 602.2 cal.</i>                                                                                 | <b>TRADITIONAL</b><br><br>Today the restaurant is closed due to carnival day and school holiday | <b>TRADITIONAL</b> <br><br>Mah-Meh<br>Fried noodles with chicken, egg, vegetables, sambal oelek and kroepoek<br><br><i>approx 614.7 cal. / Chicken: Switzerland</i>        | <b>TRADITIONAL</b> <br><br>Tilapia fillet with panko sesame crust<br>White wine sauce<br>Glazed suger peas<br>Boiled potatoes with dill<br><i>approx 684.5 cal. / Fish: China</i>                                                  |
| <b>INT CHF 9.50 / EXT CHF 14.50</b>                                                             | <b>INT CHF 9.50 / EXT CHF 14.50</b>                                                                                                                                                                                                    | <b>INT CHF 9.50 / EXT CHF 14.50</b>                                                             | <b>INT CHF 9.50 / EXT CHF 14.50</b>                                                                                                                                                                                                                           | <b>INT CHF 9.50 / EXT CHF 14.50</b>                                                                                                                                                                                                                                                                                   |
|                                                                                                 | <b>GREEN MARKET</b> <br><br>Cheese tart<br><br><i>approx 762.2 cal.</i>                                                                               |                                                                                                 | <b>GREEN MARKET</b> <br><br>Palak Paneer<br>Indian cheese and spinach stew<br>Lentil dal, naan bread<br>Cucumber raita, coriander and chilli<br><i>approx 945.2 cal.</i>   | <b>GREEN MARKET</b>  <br><br>Valaisian Roesti with leeks, tomato and raclette cheese<br>Pumpkin and apple salad<br><br><i>approx 526.2 cal.</i> |
|                                                                                                 | <b>INT CHF 9.00 / EXT CHF 14.00</b>                                                                                                                                                                                                    |                                                                                                 | <b>INT CHF 9.00 / EXT CHF 14.00</b>                                                                                                                                                                                                                           | <b>INT CHF 9.00 / EXT CHF 14.00</b>                                                                                                                                                                                                                                                                                   |
|                                                                                                 | <b>DESSERT</b>  <br>Chocolate mousse<br><br><i>approx 301.3 cal.</i> |                                                                                                 | <b>DESSERT</b><br>Dessert variation<br>Choice of various desserts                                                                                                                                                                                             | <b>DESSERT</b> <br>Berliner<br><br><i>approx 265.1 cal.</i>                                                                                                                                                                        |
|                                                                                                 | <b>3.00</b>                                                                                                                                                                                                                            |                                                                                                 | <b>3.00</b>                                                                                                                                                                                                                                                   | <b>3.00</b>                                                                                                                                                                                                                                                                                                           |

Alle Preise in CHF, MwSt inkl.

**Öffnungszeiten:** Montag - Freitag: 08.30 bis 13.30 Uhr, Mittagsservice: 11.30 Uhr bis 13.15 Uhr

Icons: Vegetarisch (1 Blatt), Vegan (2 Blätter), Laktosefrei, Glutenfrei